



PE and Health Sexual Health Planning Guide

School Name: _____

Staff completing this document: _____

Additional staff to receive communication about Sexual Health: _____

ACTION ITEM

Indicate Dates when Sexual Health will be taught. All Middle and High Schools are teaching sexual health in January for fall semester and in June for spring semester.

Semester 1 Date: _____

Courses are taught in:

1. Middle School Health (9-11 lessons)
2. High School Family Health (10-12 lessons)
3. CCRS and Equivalency Courses (2 lessons)

Semester 2 Date: _____

Indicate lead teacher who will work with administrator to determine sexual health instruction start date: _____

PARENT LETTER

Verbiage for the parent letters are available under the Sexual Health sections in the [Health and Fitness Canvas Portal](#). Please determine how you will communicate with families, either via email or parent square.

Indicate date letters will be sent from your building: _____

Letters will need to be modified to include:

- School name
- Date sexual health will be taught
- Content covered
- Principal Signature

PARENT CURRICULUM REVIEW

Sexual health curriculum will be available for parents to review on our website from November 5 – January 10, giving them time to opt-out, if necessary.

- Families are directed to submit the opt-out letters directly to their student's teacher.
- Teachers are responsible for providing an alternative lesson for students who have opted out.

CURRICULUM PRESENTATION

Families should have at least 30 days to review curriculum prior to sexual health lessons. Schedule a curriculum presentation for families to attend, introducing them to the curriculum and providing them with a place to ask questions.

A Presentation has been provided for you to use, if needed, in the [Health and Fitness Canvas Portal](#).

Indicate who will conduct the presentation and your scheduled date: _____